Compiled from Approved Sources

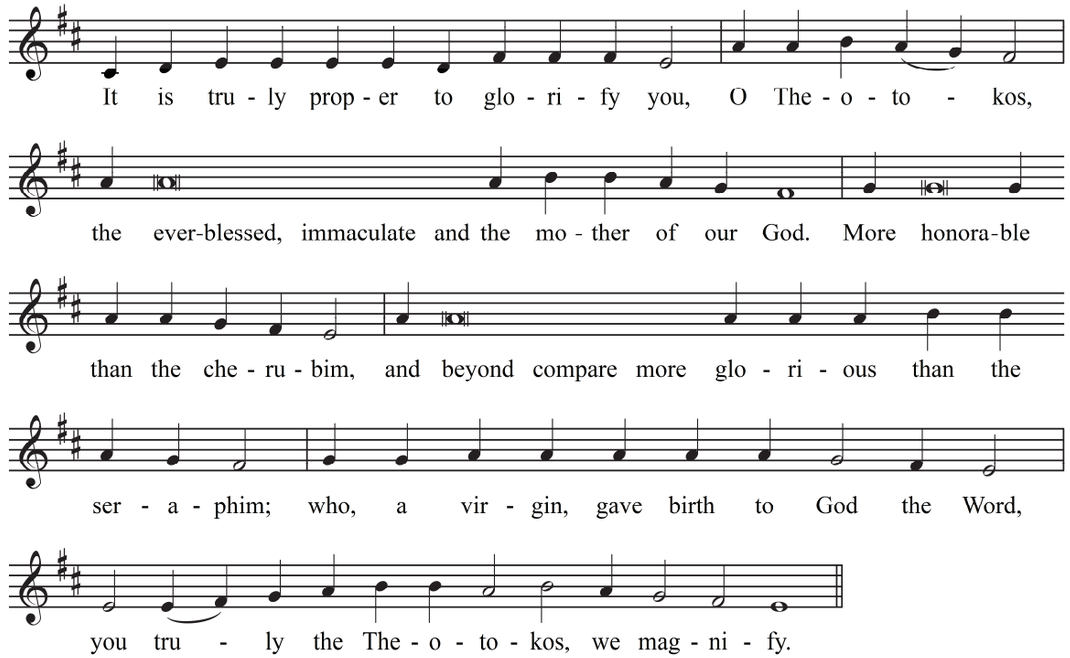
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The Office of Typika

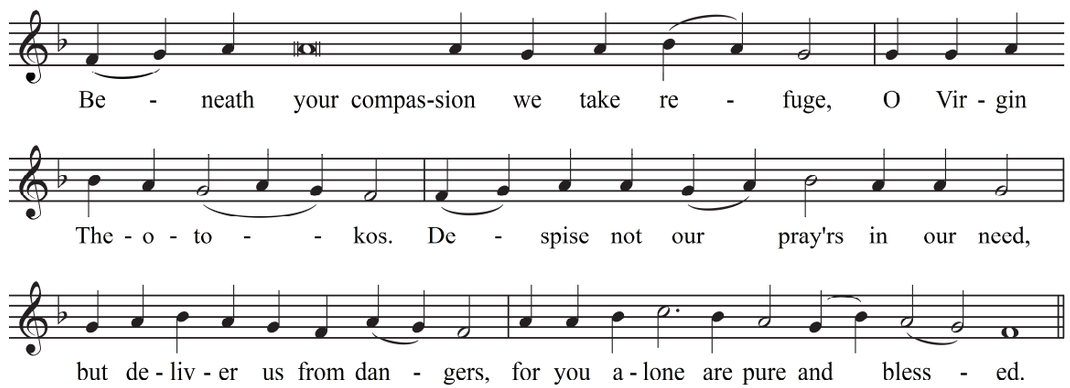
For Home Use

Dismissal



Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

podoben: Pod tvojú mílost' (2)



This poor man called, the Lord heard him
and rescued him from all his ***dis***tress.

The angel of the Lord is encamped,
around those who revere him, to res***cue*** them.
Taste and see that the Lord is good.
He is happy who seeks refuge ***in*** him.

Revere the Lord, you his saints.
They lack nothing, those who ***re***vere him.
Strong lions suffer want and go hungry
but those who seek the Lord lack ***no*** blessing.

Come, children, and hear me
that I may teach you the fear of ***the*** Lord.
Who is he who longs for life and many days,
to enjoy his ***pro***sperity?

Then keep your tongue from evil
and your lips from speak***ing*** deceit.
Turn aside from evil and do good;
seek and strive af***ter*** peace.

The Lord turns his face against the wicked
to destroy their remembrance from ***the*** earth.
The Lord turns his eyes to the just
and his ears to their ***ap***peal.

The just cried out and the Lord heard them,
and rescued them from all their ***dis***tress.
The Lord is close to the broken-hearted;
those whose spirit is crushed he ***will*** save.

Many are the trials of the just,
but from them all the Lord will re***scue*** them.
He will keep guard over all their bones,
not one of their bones shall ***be*** broken.

Evil brings death to the wicked;
those who hate the good ***are*** doomed.
The Lord ransoms the souls of his servants.
Those who hide in him shall not be ***con***demned.

Foreword

This edition of *The Office of Typika* was adapted from *Typika – the Service of Holy Communion without a Priest*, which was prepared by the Intereparchial Commission for Sacred Liturgy for use in the Byzantine Metropolitan Church *Sui Juris* of Pittsburgh, U.S.A.

This service may be read by a layperson (at home) when sickness or another circumstance worthy of God's blessing makes church attendance impossible, when travelling/vacationing to a place where no Church is available, or when an emergency occurs and priest is not present to celebrate the Divine Liturgy.

The arrangement was designed to provide maximum flexibility, and to reduce complexity for those who use it. If desired, the hymns may be sung using the provided music, a simplified chant, or they may be recited.

The Office of Typika
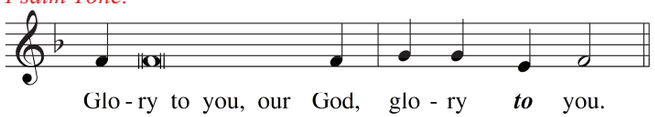
STAND

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

The faithful immediately continue:

Psalm Tone:

All:

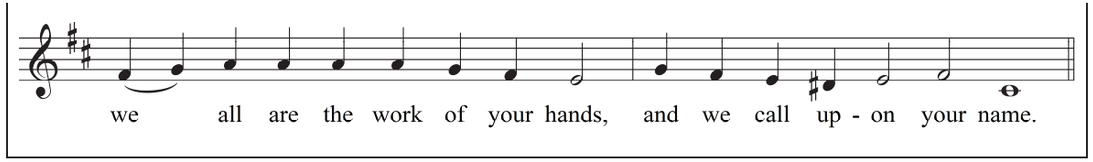


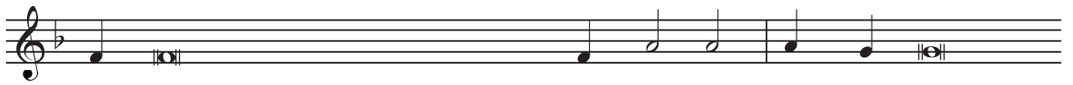
Heavenly King, Comforter, Spirit of Truth,
everywhere present and filling all things,
Treasury of Blessings and Giver of Life,
come and dwell within us,
cleanse us of all stain,
and save our souls, O gra***cious*** One.
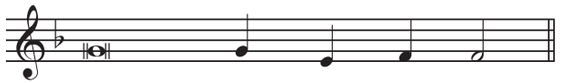
Holy God, Holy and Mighty, Holy and Immortal,
have mercy ***on*** us. *(Three Times)*

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. ***A***men.

Most Holy Trinity, have mercy on us;
Lord, cleanse us of our sins;
Master, forgive our transgressions;
Holy One, come to us
and heal our infirmities for ***your*** name's sake.







(Two Times)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say: One is holy, one is Lord, Jesus Christ, to the glory of God the Father. Amen.

Then, immediately, the faithful continue:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. ***A***men.

Psalm 33

I will bless the Lord at all times,
his praise always on ***my*** lips;
In the Lord my soul shall make its boast.
The humble shall hear and ***be*** glad.

Glorify the Lord with me.
Together let us praise ***his*** name.
I sought the Lord and he answered me;
from all my terrors he set ***me*** free.

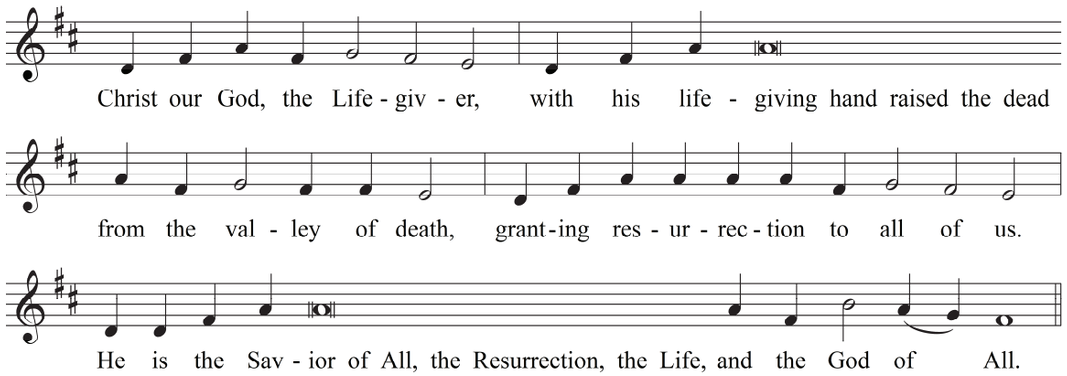
Look towards him and be radiant;
let your faces not be ***a***bashed.

Kontakion

The faithful chant the Kontakia appointed for the feast or for the day. If the prescribed Kontakia are not available, the following may be sung:

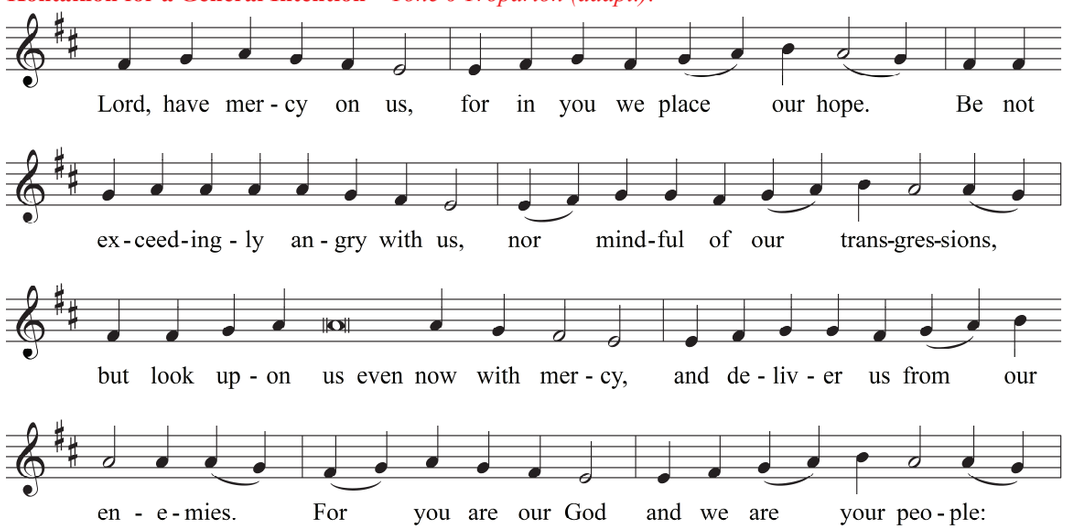
On Sundays:

Kontakion of the Resurrection – *Tone 6:*



On weekdays:

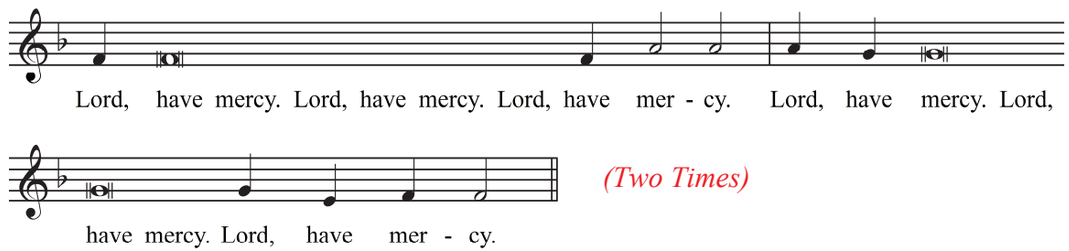
Kontakion for a General Intention – *Tone 6 Troparion (adapt.):*



Lord, have mercy. Lord, have mercy.
Lord ***have*** mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. ***A***men.

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us ***from*** evil.
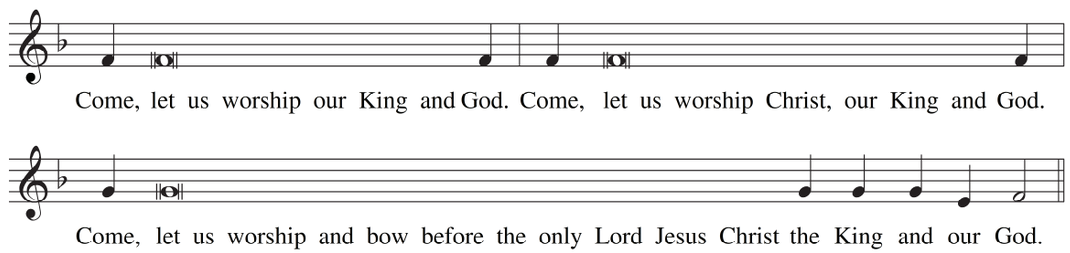


(Two Times)

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. ***A***men.
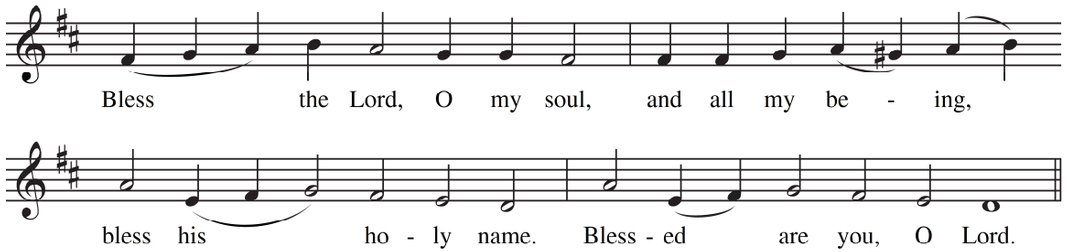
Call to Worship

Each time with a reverence:
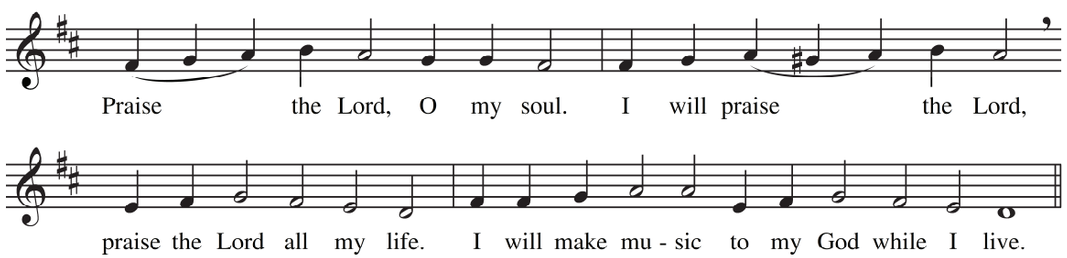


Typical Psalms

First Typical Psalm – *simple form* (Psalm 102:1):



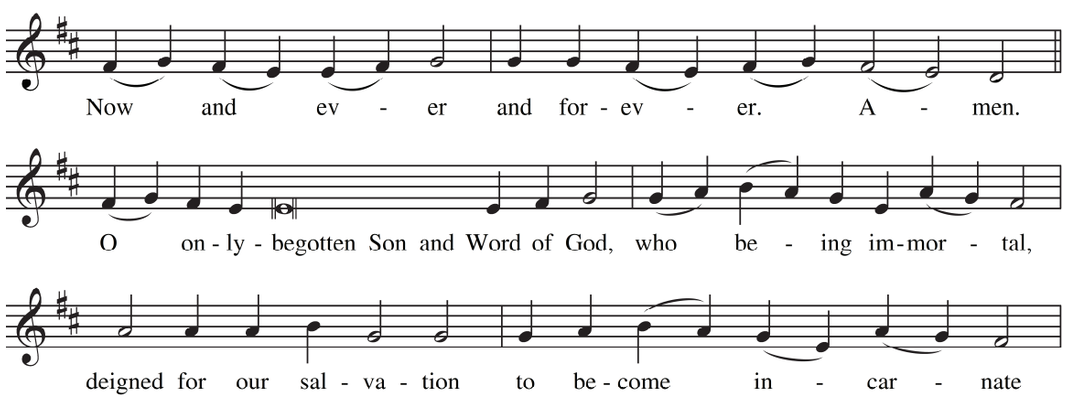
Glory to the Father, and to the Son,
and to the Ho***ly*** Spirit.

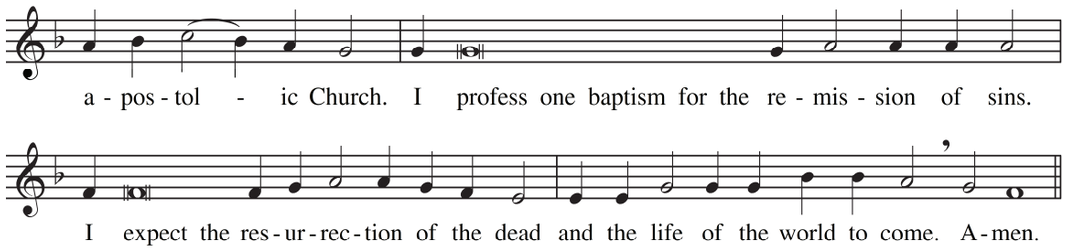
Second Typical Psalm – *simple form* (Psalm 145:1,2):



Hymn of the Incarnation

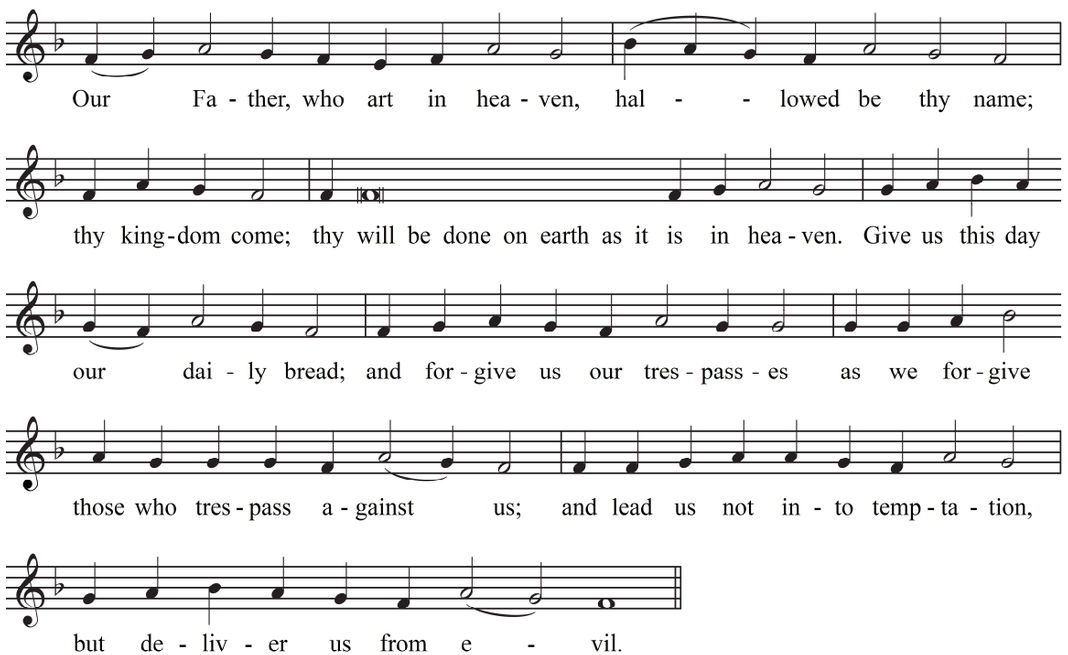
Resurrection Tone 7

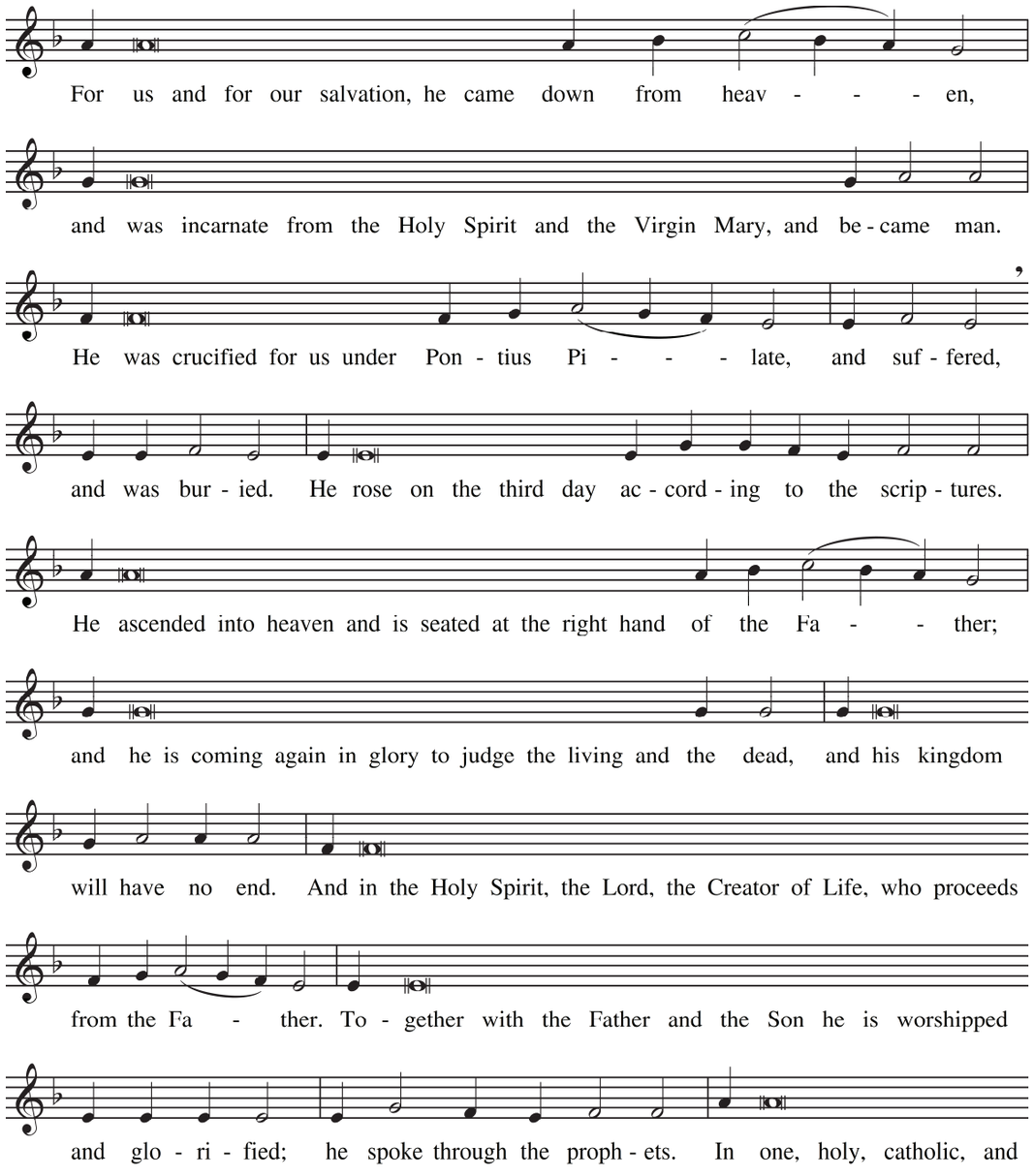


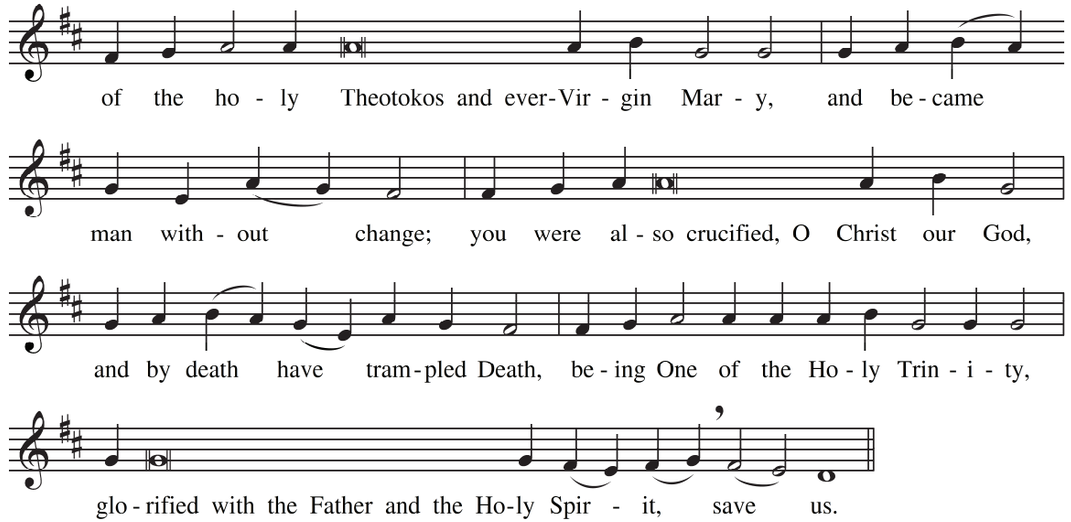


The Lord's Prayer

Tone 4 Podoben, Udivisja Josif (adapt.)

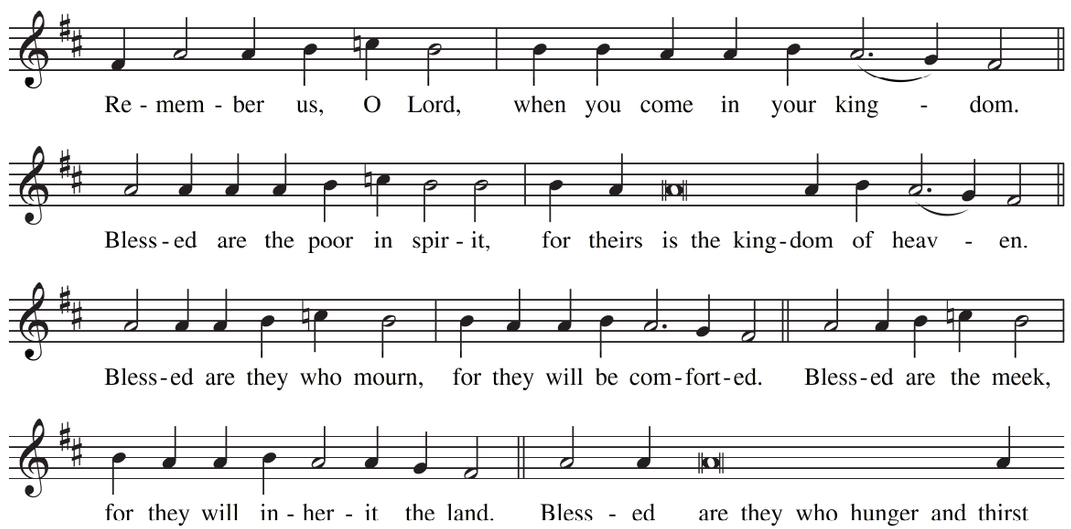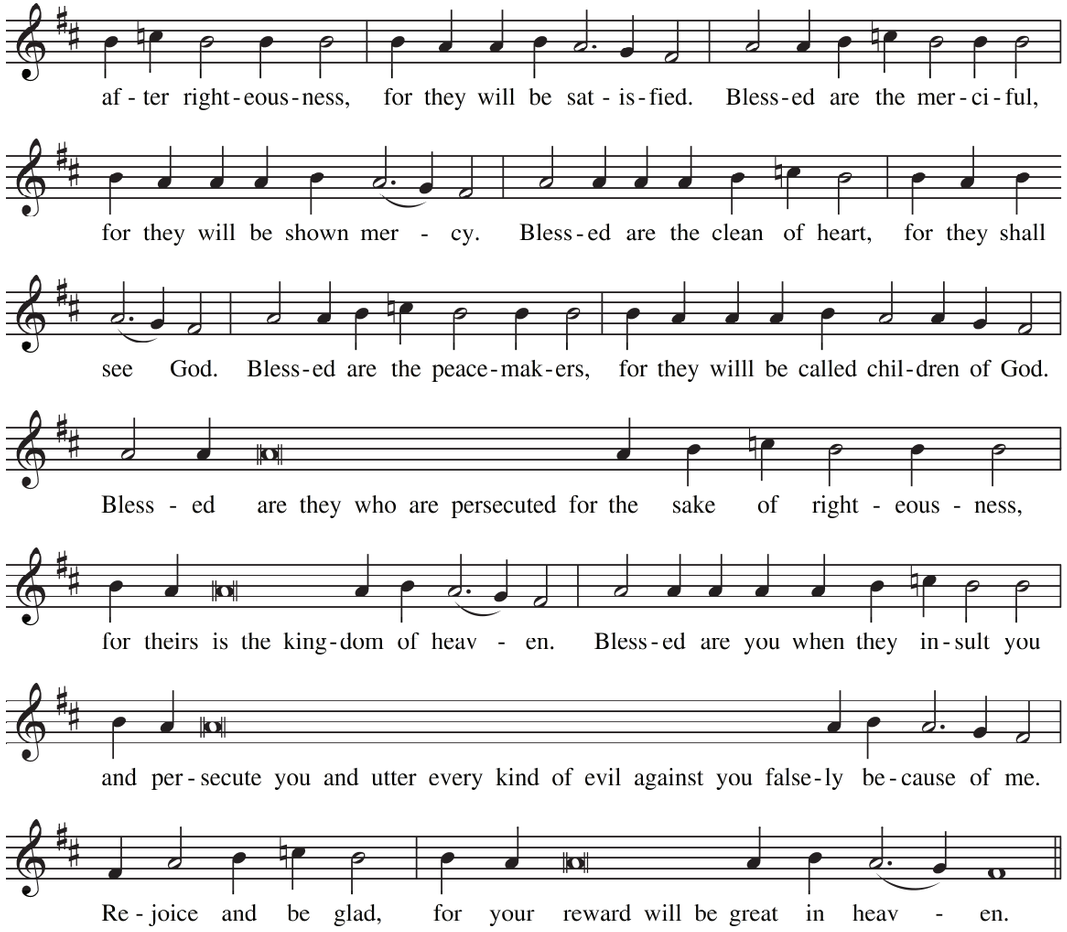






Beatitudes

Beatitudes – *Tone 8 Kontakion* (Matthew 5: 1-12):







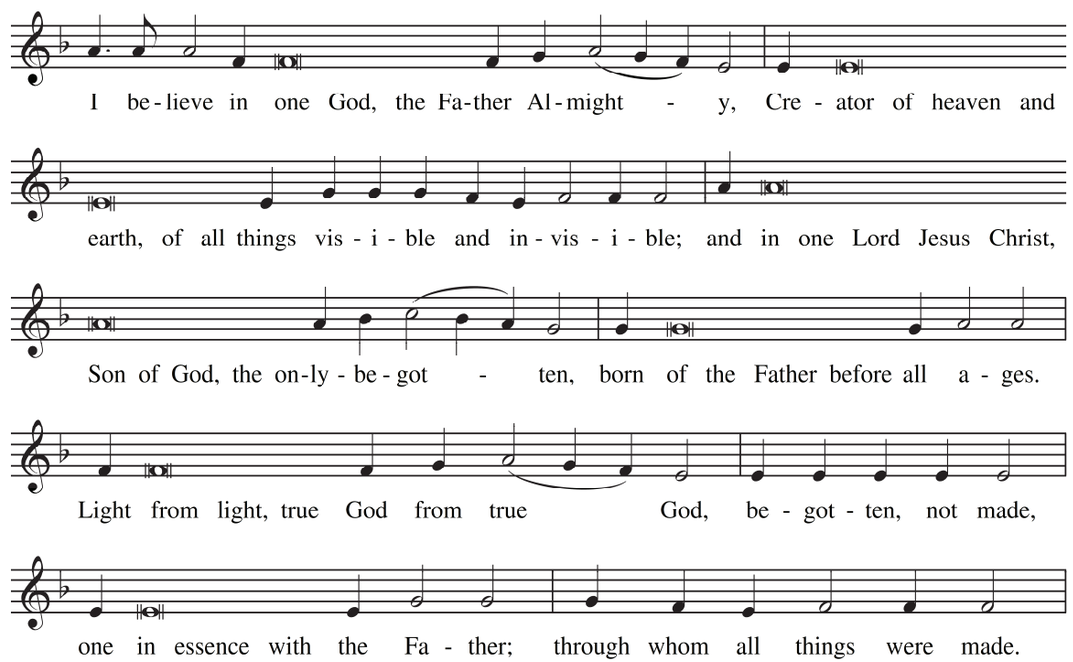
The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with ***your*** glory.

Glory to the Father, and to the Son,
and to the Ho***ly*** Spirit.

The choir of holy angels and archangels,
with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with ***your*** glory.

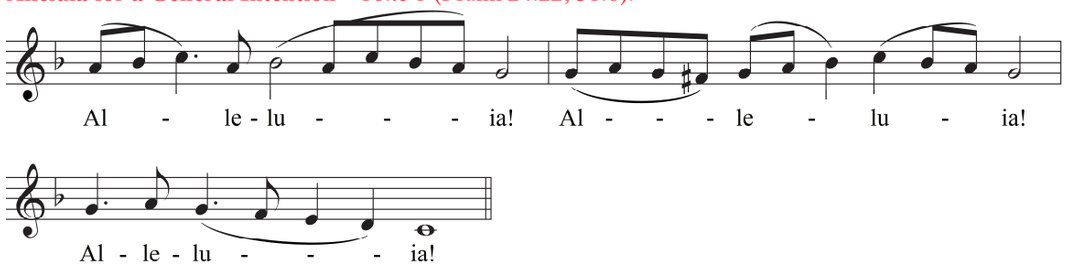
Now and ever
and forever. ***A***men.

The Symbol of Faith



On weekdays:

Alleluia for a General Intention – *Tone 1* (Psalm 24:22; 31:6):



Verse: Redeem Israel, O God, from all its distress.

Verse: So let the righteous pray to you in time of need.

Holy Gospel

The leader reads the section of the holy Gospel appointed for the feast or for the day, using a normal speaking voice (i.e., not chanted).

Following the holy Gospel, the faithful continue:

All: Remember us, O Lord,
when you come in ***your*** kingdom.

Remember us, O Master,
when you come in ***your*** kingdom.

Remember us, O Holy One,
when you come in ***your*** kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with ***your*** glory.

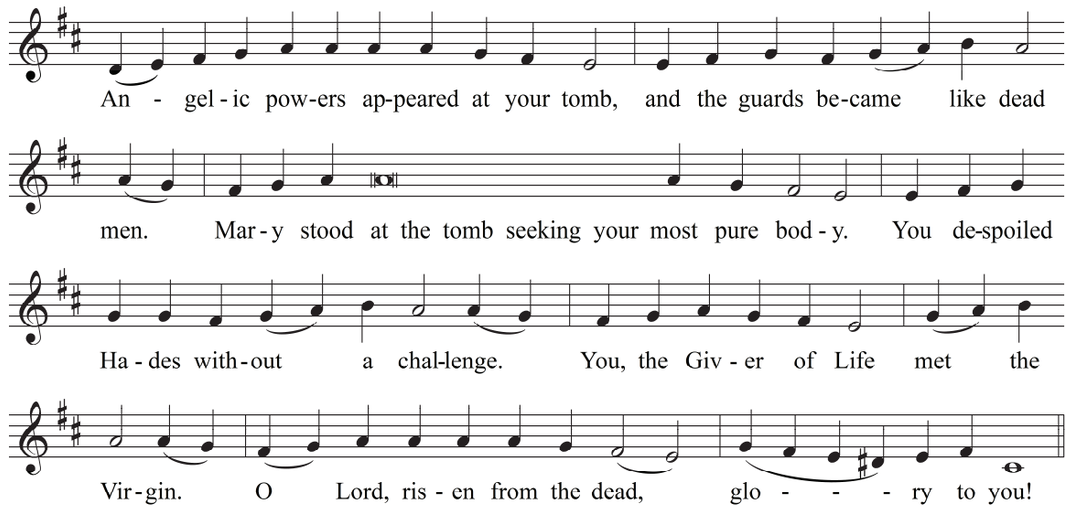
Look towards him and be radiant;
let your faces not be ***a***bashed.

Troparia

The faithful chant the Troparia appointed for the feast or for the day. If the prescribed Troparia are not available, the following may be sung:

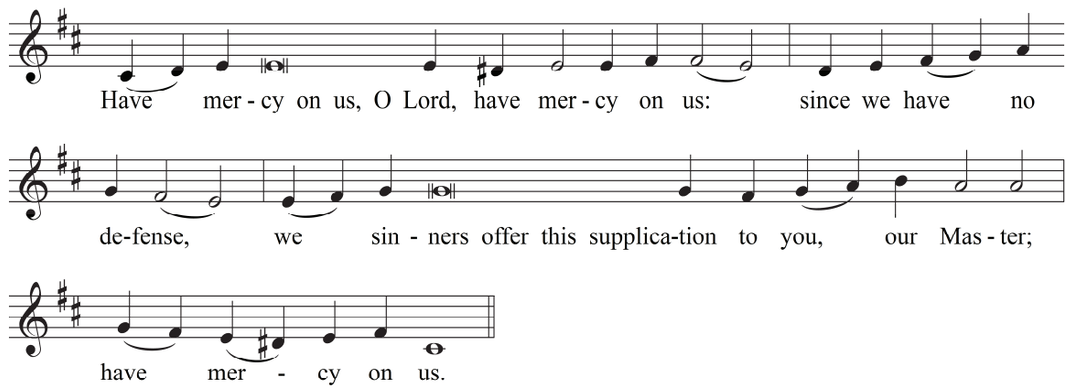
On Sundays:

Troparion of the Resurrection – *Tone 6*:

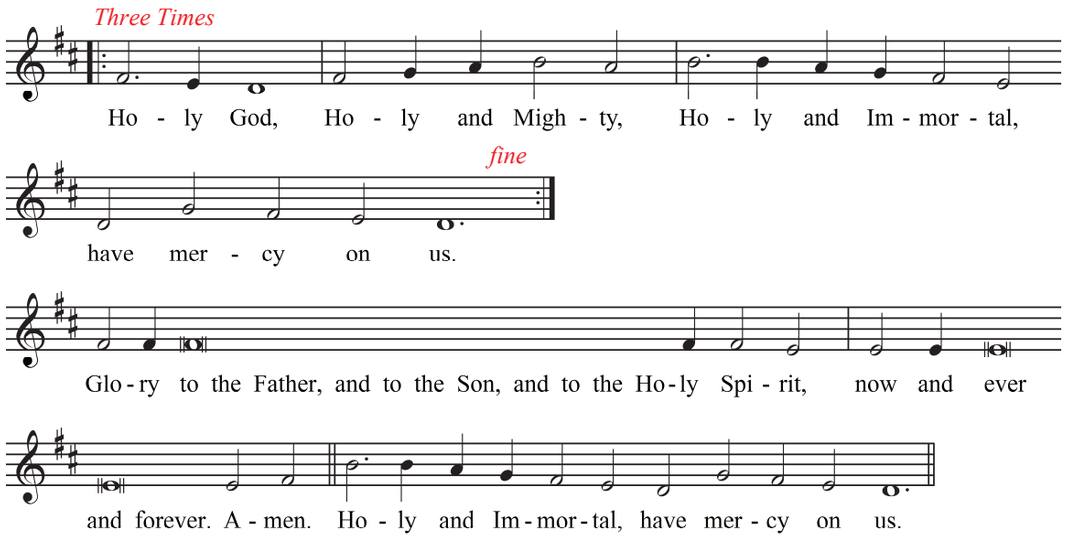


On weekdays:

Troparion for General Intention – *Tone 6 (adapt.)*:



Thrice-Holy Hymn

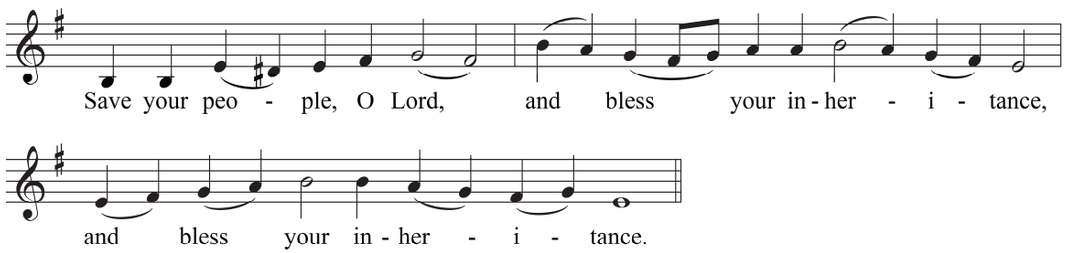


Prokeimenon

The faithful chant the Prokeimena appointed for the feast or for the day. If the prescribed Prokeimena are not available, the following may be sung:

On Sundays:

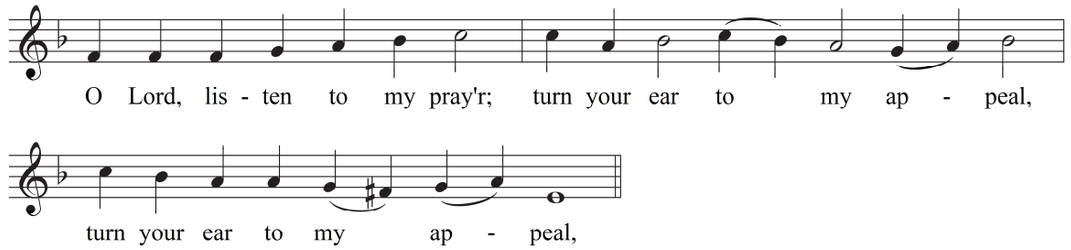
Prokeimenon of the Resurrection – *Tone 6* (Psalm 27:9,1):



Verse: To you, O Lord, I cry out:
My God, be not silent to me.

On weekdays:

Prokeimenon for a General Intention – *Tone 4* (Psalm 142:1; 134:3):



Verse: Praise the Lord, for the Lord is good.

Apostolic Reading
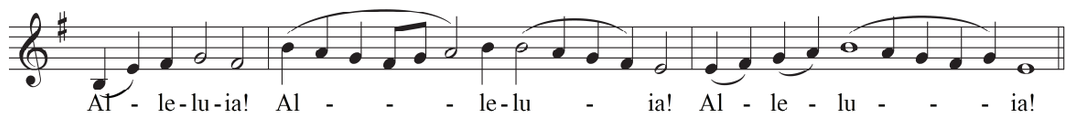
The leader reads the Apostolic Reading appointed for the feast or for the day, using a normal speaking voice (i.e., not chanted).

Alleluia

The faithful chant the Alleluiaria appointed for the feast or for the day. If the prescribed Alleluiaria are not available, the following may be sung:

On Sunday:

Alleluia of the Resurrection – *Tone 6* (Psalm 90:1,2):



Verse: The one who dwells in the shelter of the Most High
abides in the shadow of the God of heaven.

Verse: He says to the Lord:
You are my Protector, my Refuge, and my God in whom I trust.